

## Easybasket in Europe Survey Analysis

### General information

The international survey (Annex 1) for the Easybasket in Europe project was conducted among 505 adults in 5 European countries (Czech Republic, Denmark, Germany, Italy, and Spain) from January 27 to March 7, 2019.

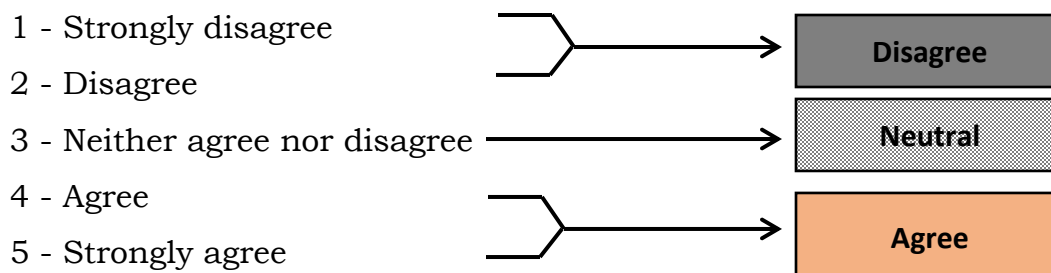
*The aim of the survey* was to evaluate opinions of employees working with Mini-Basketball helping to develop a new model of teaching basketball to children.

From a total sample of 505 respondents (coaches, sport teachers, and staff members of basketball federations), 362 respondents met the inclusion criteria: to have more than one year experience in Mini-Basketball. Demographic characteristics of respondents are given (below) in Table 1.

**Table 1.** Demographic characteristics of respondents

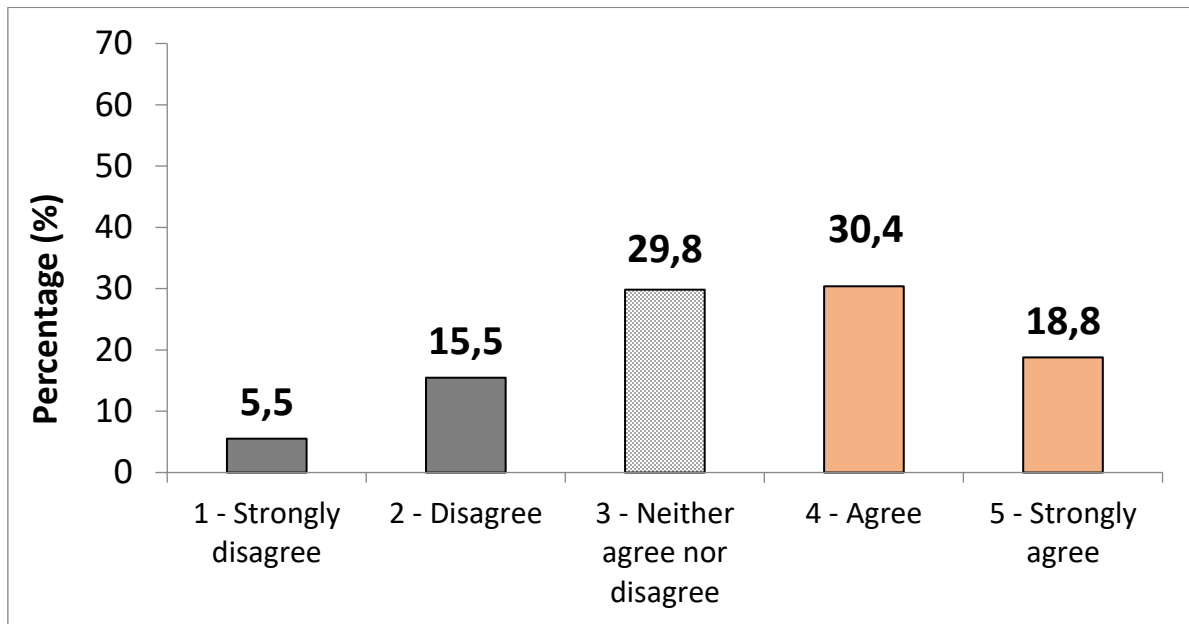
	<b>Total (n=362)</b>	<b>Males (n=292)</b>	<b>Females (n=70)</b>
<b>Age</b>	41±12 (Min:17; Max:73)	42±12 (Min:18; Max:73)	38±13 (Min:17; Max:65)
<b>Experience in Mini-Basketball</b>	13±10 (Min:2; Max:40)	13±10 (Min:2; Max:40)	12±9 (Min:2; Max:35)

To evaluate propositions employees were asked to indicate which of the following statements best represents their opinion (in 5 point scale).

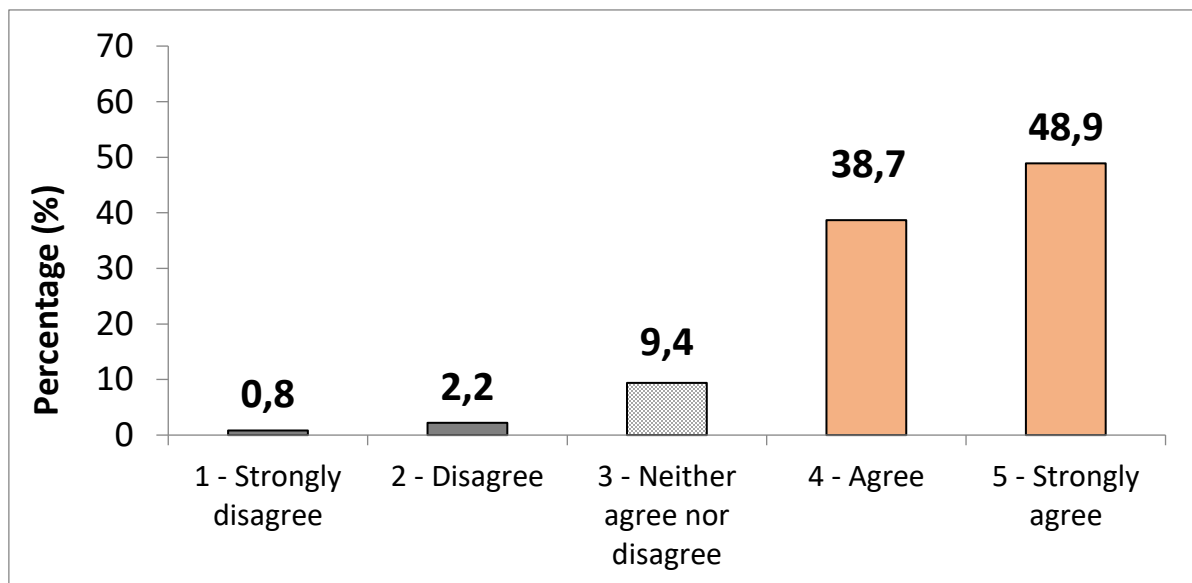


### Questions Related to Mini-Basketball Tools

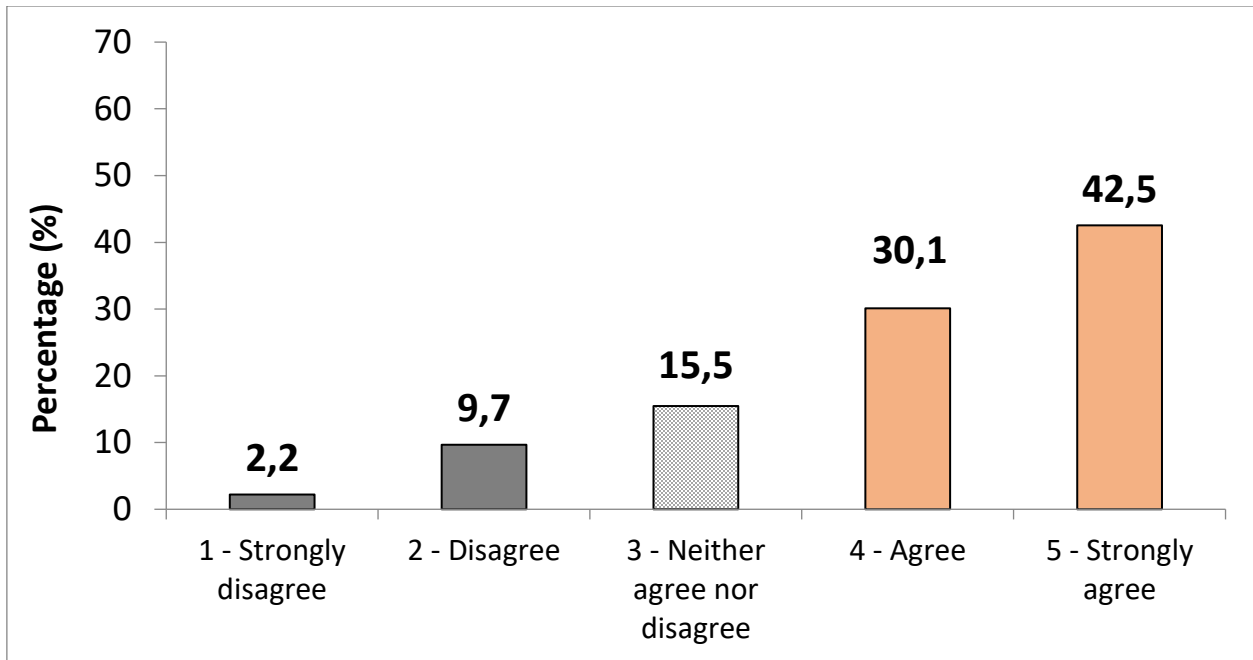
1. The rule that the court can be scaled down in size (from standard size 28m x 15m) providing the variations are in the same proportions from 26m x 14m to 12m x 7m is proper and easy to implement.



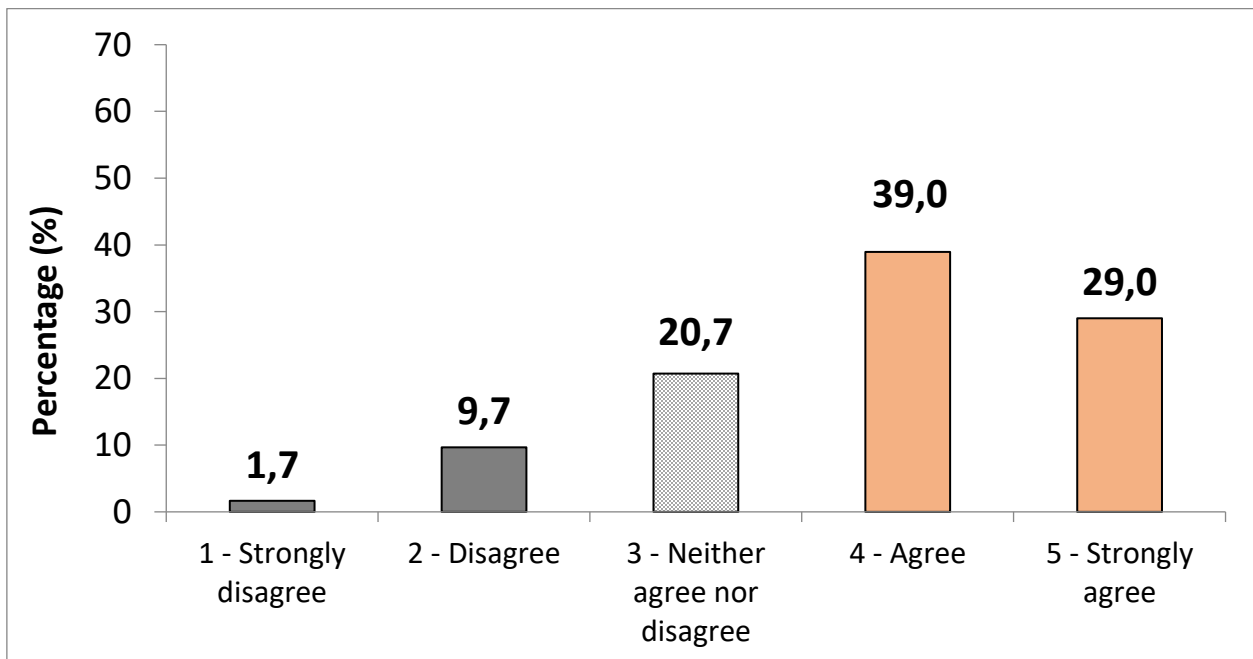
2. The rule that baskets should be 2.6 m height for U-10 children is proper and easy to implement.



3. The rule that U-8 children should use a different ball than Mini-Basketball no. 5 (changing circumference and/or weight) is proper and easy to implement.



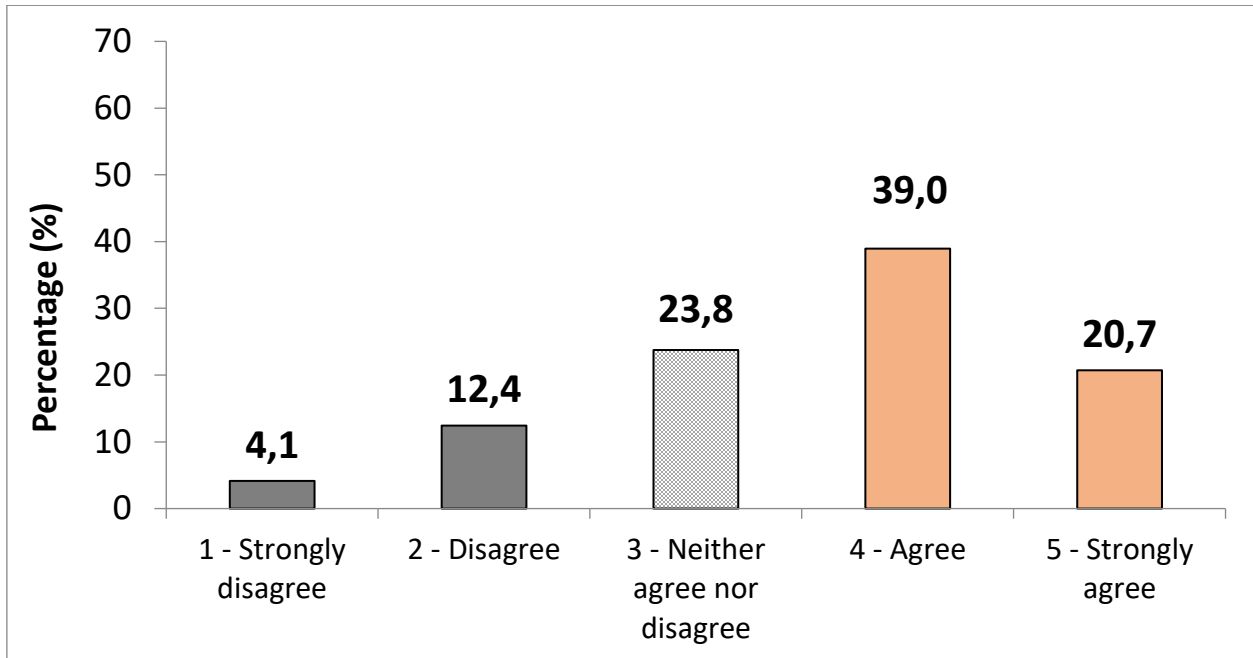
4. The Mini-Basketball rules related to the tools for practicing (court dimensions, ball size, and baskets height) are proper and do not require any changes.



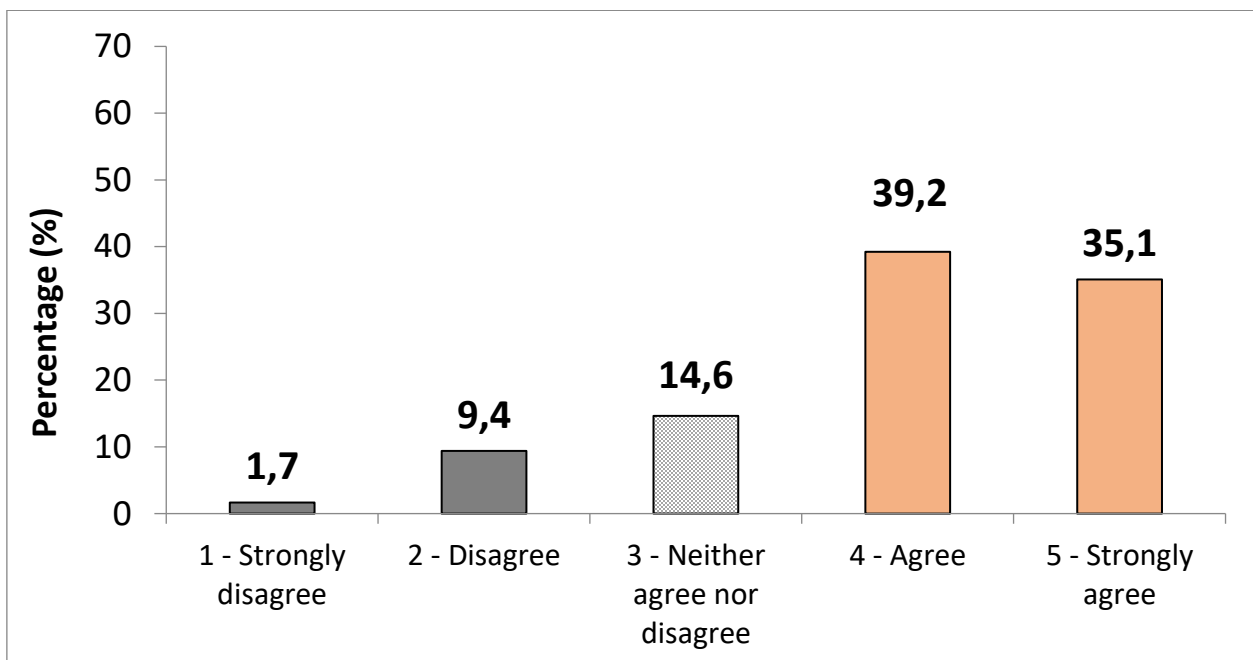


### Questions Related to Mini-Basketball Rules

5. The Mini-Basketball rules are proper and do not require any changes for U-8 children activities.

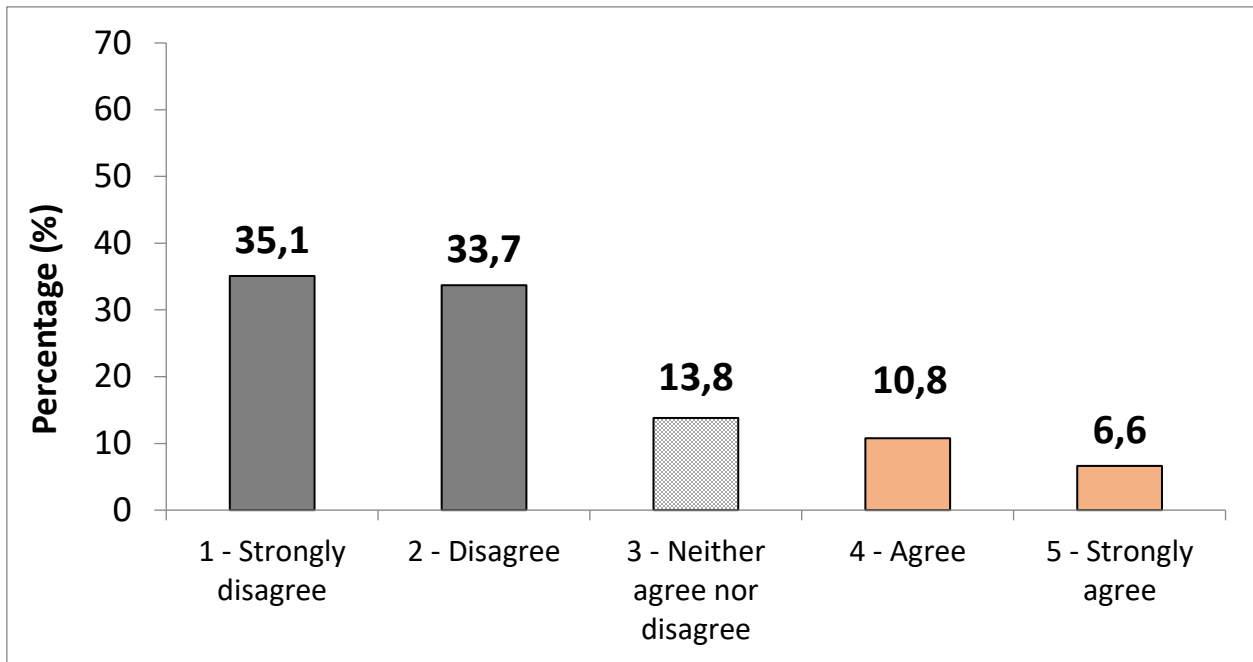


6. The Mini-Basket rules provide equal opportunities for all participating children.

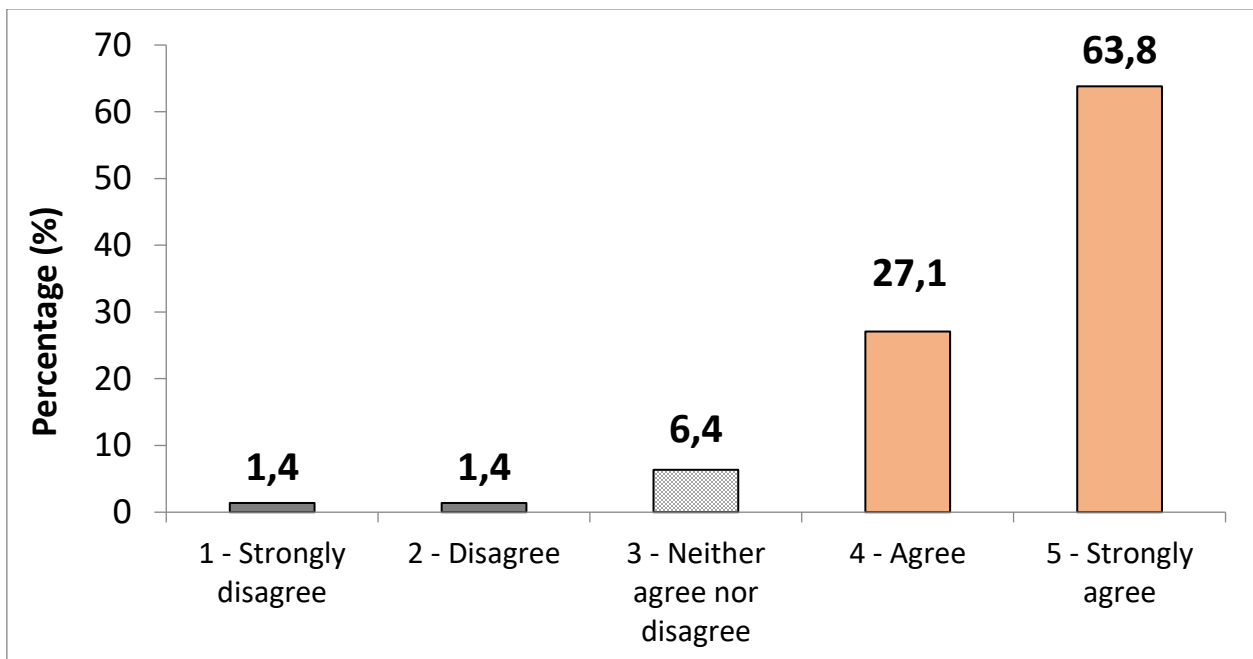




7. Playing 5 vs 5 games is formative for U-8 children.



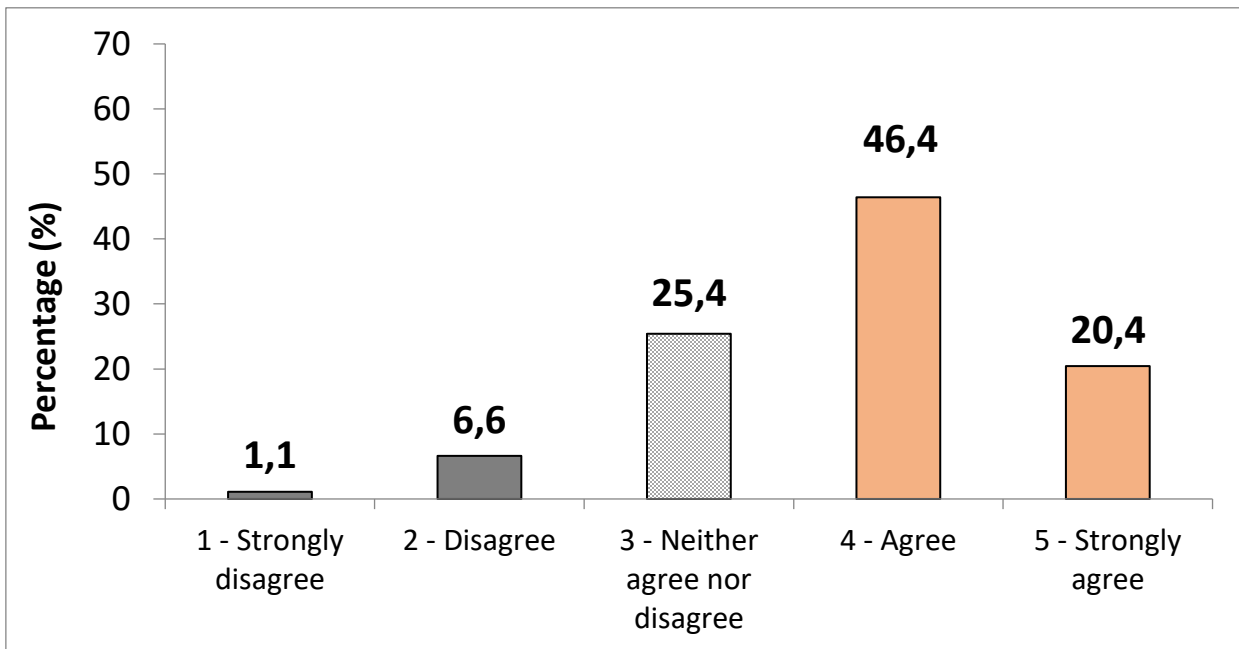
8. The activity of Mini-Basketball can be carried out with mixed groups (girls and boys).



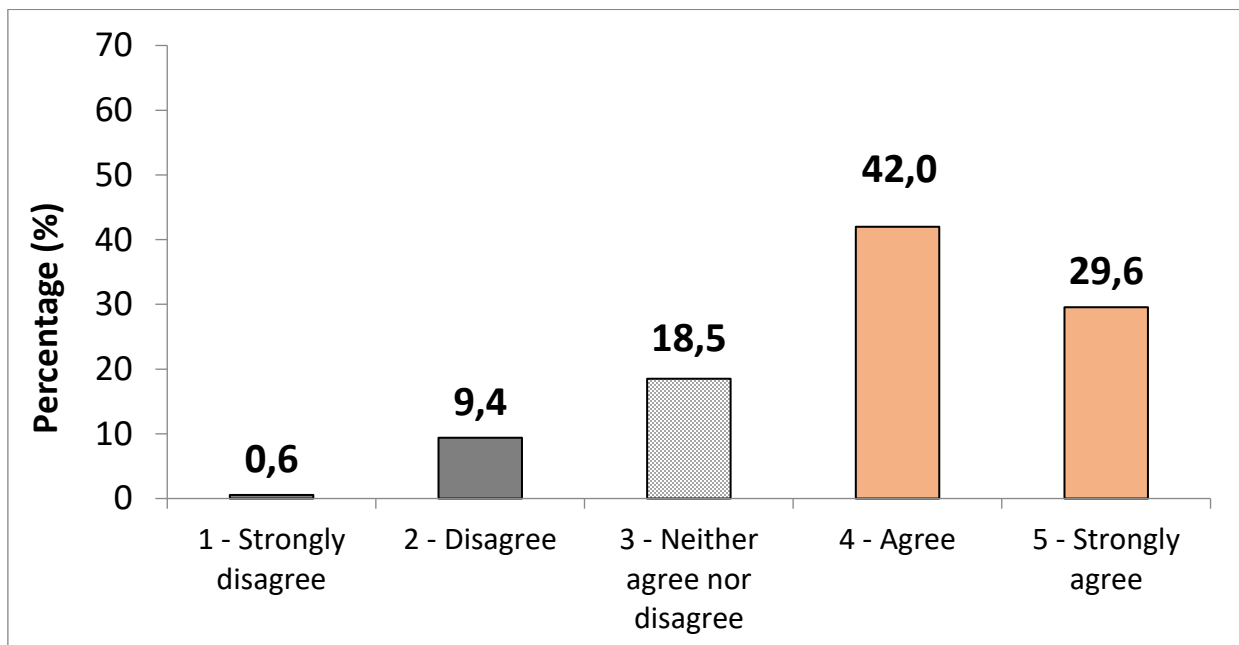


### Questions Related to Relationships between Instructors (coaches, sport teachers), Players and Parents

9. The Mini-Basketball rules, for activity U-8 years, provide the Instructor with adequate opportunities to meet the children's expectations and needs.

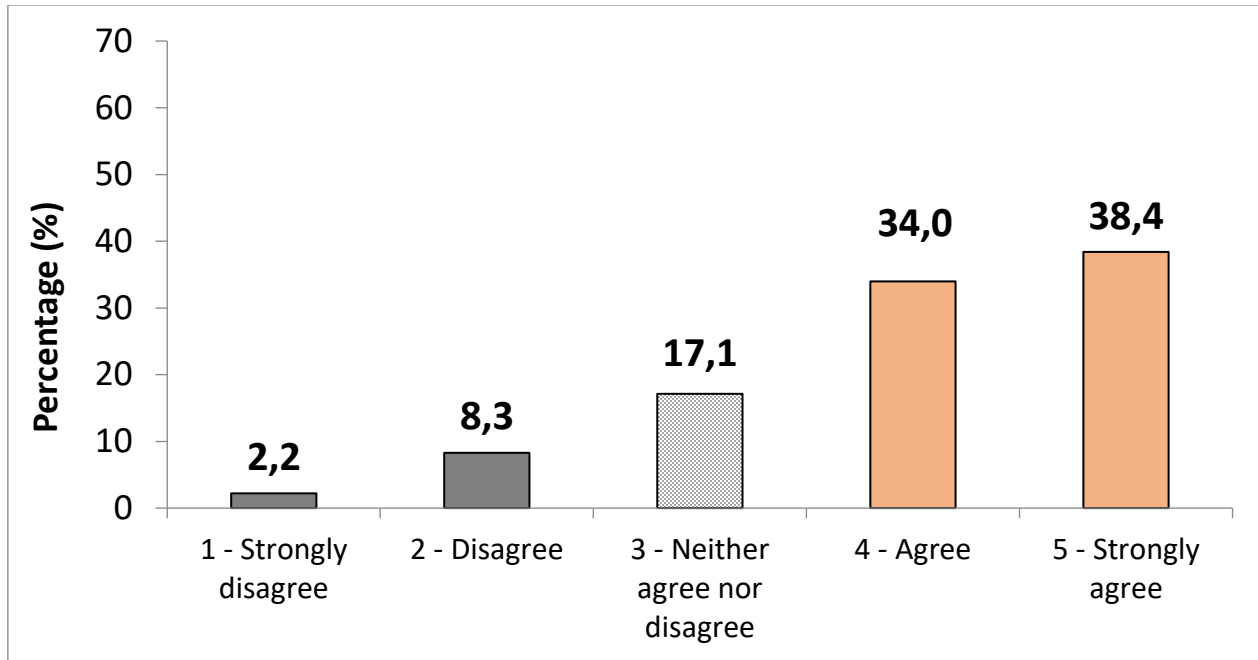


10. The need to pay attention to the respect of the rules of play helps U8 children to have a positive level of individual self-esteem.

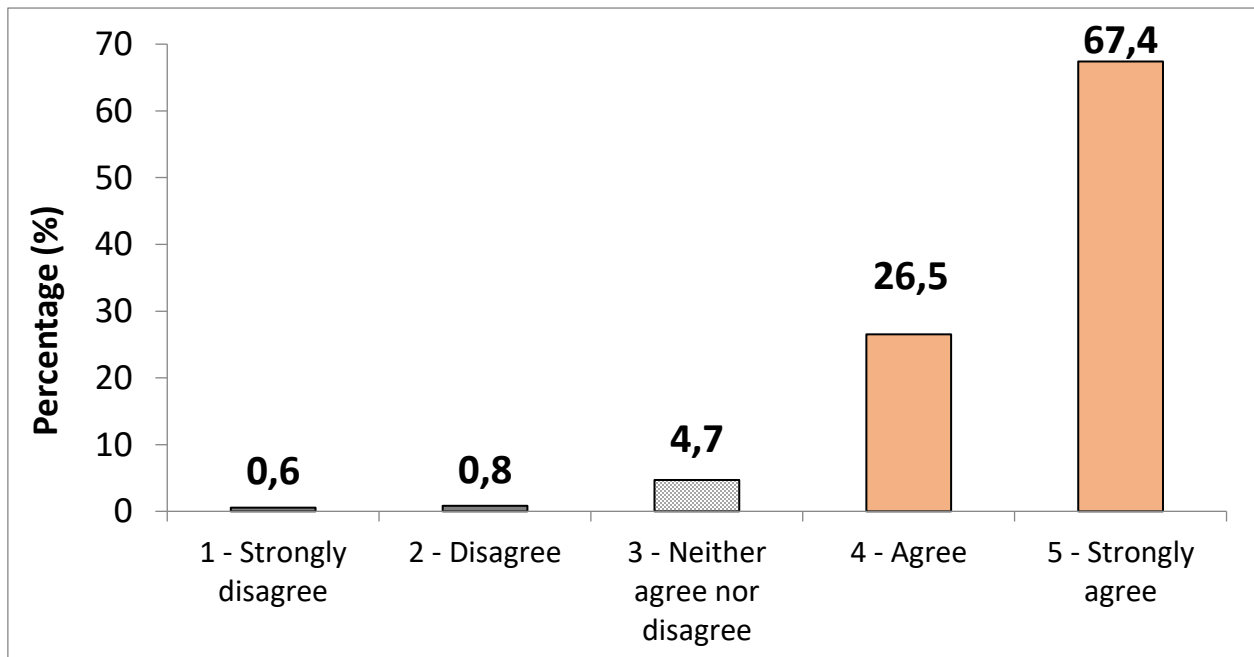




11. An activity carried out with simpler rules can facilitate the work of the Instructor and improve the relationships between Instructor and children and/or parents in an initial phase of the approach to the Mini-Basketball (U-8).



12. The Mini-Basketball coach is responsible for his players to be polite. He asks his children to welcome their classmates before and after the planned activities (regardless of the outcome of the activity).





## Conclusions

1. The age and experience of employees working in Mini-Basketball do not differ between sexes. However, only 19% of the respondents were females, possibly demonstrating a significantly lower number of females working in Mini-Basketball.
2. In general, 68% of the respondents agreed that Mini-Basketball rules related to the tools for practicing are proper and easy to implement. However, the most inappropriate and the most difficult to implement rule is to scale down the court providing the variations are in the same proportions as the original court.
3. Despite that 60% of the respondents agreed that Mini-Basketball rules are proper and do not require any changes for U-8 children activities, 69% disagree that 5 vs 5 game is formative. However, 91% of the respondents agree that Mini-Basketball can be played with mixed (boys and girls) groups.
4. 94% of the respondents agree that Mini-Basketball coach is responsible for his players to be polite. Moreover, according to the respondents, Mini-Basketball rules provide adequate opportunities to meet the children's expectations and needs. Simpler rules can facilitate the work and improve the relationships between Mini-Basketball coach and children and/or parents in an initial phase of the approach to the Mini-Basketball.





## *Annex 1*

Grant Agreement Nr. 2018 – 3439/001-001

Start: 01-01-2019 – End: 31-12-2020

Programme: Erasmus+

Key Action: Sport Action

Type: Collaborative Partnership

Project Coordinator: Olimpia Basket Matera

## **Easybasket in Europe - EIE Survey**

### Instructions

General instructions for filling the survey: we kindly ask you to fill in this survey as sincerely as possible.

Evaluation of propositions: please indicate which of the following statements best represents your opinion (5-point scale).

- 1 - Strongly disagree
- 2 - Disagree
- 3 - Neither agree nor disagree
- 4 - Agree
- 5 - Strongly agree

#### 1. Position in Basketball:

- Coach (club)
- Teacher (school)
- Manager / staff in school
- Staff in Federation
- Other.....

#### 2. Age (years).....



3. Sex

- Male
- Female

4. Coaching experience (years).....

5. Experience in working in Mini-Basketball (years).....

6. The rule that the court can be scaled down in size (from standard size 28m x 15m) providing the variations are in the same proportions from 26m x 14m to 12m x 7m is proper and easy to implement.

Strongly disagree      1      2      3      4      5      Strongly agree  
                       

7. The rule that baskets should be 2.6 m height for children under 10 years is proper and easy to implement.

Strongly disagree      1      2      3      4      5      Strongly agree  
                       

8. The rule that children under 8 years should use a different ball than Mini-Basket ball n. 5 (circumference or weigh) is proper and easy to implement.

Strongly disagree      1      2      3      4      5      Strongly agree  
                       

9. The Mini-Basketball rules related to the tools for practicing (court dimensions, ball size, and baskets height) are proper and do not require any changes.

Strongly disagree      1      2      3      4      5      Strongly agree



10. Open question(s): Which rules of Mini-Basketball related to the tools for practicing are not proper and hard to implement? Why?

.....  
.....

11. The Mini-Basketball rules are proper and do not require any changes for activities U8 players.

Strongly disagree	1	2	3	4	5	Strongly agree
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	

12. The Mini-Basket rules provide equal opportunities for all participating athletes.

Strongly disagree	1	2	3	4	5	Strongly agree
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	

13. Playing 5 vs 5 games is formative for U8 children.

Strongly disagree	1	2	3	4	5	Strongly agree
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	

14. The activity can be carried out with mixed groups (girls and children).

Strongly disagree	1	2	3	4	5	Strongly agree
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	

15. Open question(s): do you think that the Mini-Basketball rules are not proper and require changes? Why?

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.....



16. The Mini-Basketball rules, for a U8 activity, provide the Instructor with adequate opportunities to meet the children's expectations and needs.

Strongly disagree      1      2      3      4      5      Strongly agree  
                                  ○      ○      ○      ○      ○

17. The need to pay attention to the respect of the rules of play, helps U8 children to have a positive level of individual self-esteem.

Strongly disagree      1      2      3      4      5      Strongly agree  
                                  ○      ○      ○      ○      ○

18. An activity carried out with simpler rules can facilitate the work of the Instructor and improve the relationships between Instructor and children and / or parents in an initial phase of approach to The Mini-Basketball (U8).

Strongly disagree      1      2      3      4      5      Strongly agree  
                                  ○      ○      ○      ○      ○

19. The Mini-Basketball coach is responsible for his players to be polite. He asks his children to welcome their classmates before and after the planned activities (regardless of the outcome of the activity).

Strongly disagree      1      2      3      4      5      Strongly agree  
                                  ○      ○      ○      ○      ○

20. Open question(s): In your personal opinion, what is important in relationship between Mini-Basketball coach and younger children (6/7/8 age)? Why?

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21. Where are you from? .....